

Vermont Senior Games Association 2025 Events Schedule

COMPETITIONS OPEN TO ANYONE 50 & OLDER



Details/register at www.vermontseniorgames.org

March 15	Women's Basketball Basketball Skills Rutland
April 12	Power Lifting Williston
May 15	Vermont Corporate Cup 5K Walk/Run Montpelier Put together a Vermont Senior Games team
May 18	Swimming Springfield Edgar May Health & Recreation Center
May 18	One-Mile Run Springfield Toonerville Trail
June 7	10K Road Race Montpelier In Partnership with Central Vermont Runners
June 15	Track & Field and 1500M Power Walk Burlington Burlington High School
June 21-22	Tennis Middlebury College
June 28-29	Pickleball Colchester Skinny Singles and Fun Doubles
July 19	Triathlon Lake Dunmore In Partnership with Vermont Sun
July 24 - Aug 4	2025 National Senior Games Des Moines, Iowa
Aug 4	Golf and Golf Scramble Middlebury Ralph Myhre Golf Course
Aug 23-24	Pickleball Doubles Barre Town Barre Town Recreation Area
Aug 30	5K Road Race & 5K Power Walk Northfield In Partnership with Central VT Runners
Sept 13	Disc Golf Barre Town Forest
Sept 20	Table Tennis Shelburne
Sept 26	Men's Basketball Basketball Skills Rutland



SCAN FOR VT. SENIOR GAMES WEBSITE

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